



Springfield Middle School



Extra-Curricular Sports Philosophy

Extracurricular sports are a valuable extension of regular physical education classes, intramurals, and school culture. Students who are interested in participating in extracurricular sport must maintain the following ideals:

1. Follow Check 3 principles as outlined in the school daily.
2. Be up to date with schoolwork (this means if an athlete is going to miss class for whatever reason including illness, appointments, or a sports activity, etc., they are **required** to communicate with teachers to ensure no work is missed and they are up to date.
3. Attend school regularly.
4. Attend practices regularly and be prepared to participate to the best of their ability.

Grade 6

- This program is viewed as an introduction to skill development, team concepts and sportsmanship.
- The emphasis needs to be on character building, participation and fostering the development of positive attitudes and skills.
- It is important to provide a progression of skill development.
- All students are invited to participate.
- All participants should be given the opportunity to play with **equal** time.

Grade 7

- This program is a developmental approach to sportsmanship, skill acquisition, and team concepts.
- The emphasis needs to be on character building, participation and fostering the development of positive attitudes and skills.
- It is important to provide a progression of skill development.
- All students are invited to participate. If numbers require two teams, teams will be split equally, if enough coaches are available. If coaches are not available, one team will be selected.
- All participants should be given the opportunity to play with **fair** playing time.

Grade 8

- This program is a developmental approach to sportsmanship, skill acquisition, and team concepts.
- The emphasis needs to be on character building, participation and fostering the development of positive attitudes and skills.
- It is important to provide a progression of skill development.
- All students are invited to participate. If numbers require two teams, students may be placed onto leveled teams if enough coaches are available. If coaches are not available, one team will be selected.
- All participants should be given the opportunity to play with **fair** playing time, relative to participation and ability.



Fair Play Code for Athletes

- I will play by the rules, and in the spirit of the game.
- I will display positive behavior and sportsmanship for all participants involved.
- I will respect my opponents.
- I will do my best to be a true team player.
- I will remember that winning isn't everything – that having fun, improving my skills, making friends, and doing my best are also important.
- I will positively acknowledge my team and my opponents.
- I will remember that coaches and officials are there to help me. I will accept their decisions and demonstrate respect.

Fair Play Code for Coaches

- I will be reasonable when scheduling games and practices.
- I will teach my athletes to play fairly and to respect the rules, officials, and opponents.
- I will ensure that all athletes get equal instruction and support.
- I will ensure that all players get **fair** playing time during regular season games and tournaments.
- I will give feedback in a positive manner to my athletes in all circumstances.
- I will remember that students play to have fun and must be encouraged to have confidence in themselves.
- I will contact the school first if I have an ongoing concern with a player.

Fair Play Code for Parents

- I will remember that my child plays sport for his or her enjoyment, not for mine.
- I will encourage my child to play by the rules and to resolve conflicts using the Check 3 model.
- I will never ridicule or yell at any athlete for making a mistake or losing a competition.
- I will ensure my child attends as many practices and games as possible.
- I understand that playing time will be fair and may be reflected on the number of practices attended, behavior during practices, games and during school.
- I will contact the school as soon as possible if I have a concern over a coach.
- I will always show respect for the volunteer coaches and officials and all other participants.



Springfield Middle School



Athlete, Parent, and Coach Contract

Thank you for choosing to participate in extra-curricular sports at SMS. At SMS we believe that every student has the right to participate in sport. Our goal is to create an environment where students will have fun and increase their skill level in a competitive environment. SMS athletes are expected to follow the ideals of being a Panther.

A Panther:

- Is respectful and courteous to all teammates, coaches, opposing players, officials, and parents.
- Works hard to be the best they can be in class, in practice and in competition.
- Attends all practices, games, and tournaments to the best of their ability.
- Shows leadership and makes good choices, even when they are difficult to make.
- Always follows Check 3 behavior.

If an athlete is unable to uphold one or more of these ideals, they may be temporarily suspended from participating in the extra-curricular sport at the discretion of a coach, classroom teacher or PE department in consultation with school administration. An athlete who is suspended from participation might have the opportunity to change or correct their behavior and return to the team.

Jerseys will be handed out to athletes for their use during the season. Once the season is completed, jerseys should be cleaned and returned to the school. If the jersey is lost or returned in poor condition, there will be a fee charged to replace the lost jersey.

Remember that coaches are volunteering their time and are doing the best that they can. If you have any concerns with your coach, please contact one of the PE teachers or the school administration.

The coaches and staff here at SMS are excited to get another year underway in the classroom, the gym and on the field. If you are interested in helping to volunteer your time and get involved with coaching a team here at SMS, please contact Mr. MacLennan via email cmacLennan@sunrisesd.ca.

Please take a minute to fill out the form below the link to this document for each child in your care that is attending SMS.

Thank you,

SMS Athletics